

Protect Yourself from Pneumococcal Disease

WHAT IS IT?

Pneumococcal disease is a bacterial disease that can cause three serious infections:

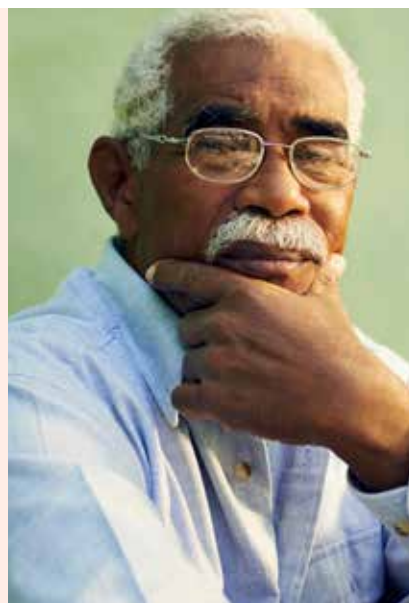
- meningitis (brain infection)
- bacteremia (bloodstream infection)
- pneumonia (lung infection)



WHO IS AT RISK?

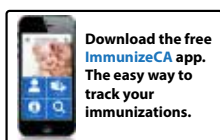
Adults:

- with a chronic illness such as:
 - heart disease
 - diabetes
 - HIV
 - asthma
- who have smoking-related diseases such as COPD
- without a working spleen
- with weakened immune systems
- who are on immunosuppressive therapies
- 65 years of age and older
- who are homeless
- who use illicit drugs
- with alcoholism
- who are smokers
- living in long-term care facilities



PNEUMOCOCCAL VACCINES ARE SAFE AND EFFECTIVE.

Talk to your family physician, nurse, pharmacist or public health office about being immunized.



For more information, visit immunize.ca

